RIVALSHOT ACADEMY · LEARNER JOURNAL

Good Lane Neighbor: learner journal

Use this journal alongside the course to turn each lesson into something you will actually do at the range. Answer in your own words; short notes are fine. Keep it private. Do not record secrets, addresses, codes or details that could identify real people. Nothing here is graded, and you can pause or skip any prompt.

How to use this journal

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Write for yourself. Leave out addresses, codes, account details and anything that identifies other people.

Why the range officer leads

Which range officer instruction would you find hardest to follow without arguing? Write the calm question you would ask about it at the next break.

List three things a range officer can see that you cannot see from your own bench.

Describe how you will find out who is running the line on your next visit.

Cease fire stops everyone

How is a cease-fire signaled at a range you use or plan to visit, where do people wait, and how is the all-clear given? Note any answer you still need to ask about.

What might make it harder for you to notice a cease-fire (protection, focus, hearing, a busy day), and what will you do about it?

Write your own short script for the moment a cease-fire is called.

Posted rules beat habit

Name one habit you carry from another range, club, friend or video. Where did it come from?

After your next two-minute sign walk, write down one posted rule that differs from your habit and the question you asked (or will ask) staff.

Share the line

Write your ten-second hello, word for word.

Recall a time someone's space, belongings, talk or noise affected you in any shared place. What would have helped, and how would you have wanted to be asked?

If you bring a guest, what two or three customs will you mention to them before you arrive?

Hearing and lead are shared

Walk through what happens between leaving a range and your next meal, hug or arrival home. Where could noise or residue follow you?

Which part of wash, swap, separate will you start with, and what will you keep in your car or bag to make it easy?

Speak up and welcome

Write a where-what-when report about a concern you could plausibly see at a range, using behavior only. Do not describe a real person.

Write a one-sentence welcome you could offer a newcomer in a range lobby, and note what you would deliberately not say.

When someone last asked you to change something, how did you respond? What would you say next time?

Looking back

Which idea from this course will change what you do on your very next visit, and how will you know you did it?

Think about the regulars who made you feel welcome, or unwelcome, when you were new. Which of their habits do you want to copy, and which do you want to avoid?

What is one question you still have about range etiquette or range rules, and which person or official source will you ask?

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